



Grades K-5 Lunch January 2019 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-31 ** Toasted Cheese Sandwich - V * Crinkle Cut Potatoes * Petite Baby Carrots - S * Fruit - S * Got Milk	1-1 NEW YEAR'S DAY HOLIDAY	1-2 ** Café LA Burger ** Chicken Caesar and Cheesy Bread * Waffle Fries * Petite Baby Carrots - S * Fruit - S * Got Milk	1-3 ** Whole Grain Pepperoni Pizza ** California Chicken Wrap * Fresh Garden Salad * Celery Sticks * Fruit Cup * Got Milk	1-4 ** Mama's Meatball Sub ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Sweet Corn * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
1-7 * Fiesta Omelet - V ** Southern Buttermilk Biscuit - S ** Toasted Cheese Sandwich - V * Mini Potato Tots * Petite Baby Carrots - S * Fruit - S * Got Milk	1-8 * Chicken Tenders * Corn Muffin ** Deli Turkey & Cheese Sandwich * Campfire Baked Beans * Fresh Garden Salad * Fruit - S * Got Milk	1-9 ** Whole Grain Pepperoni Pizza ** Chicken Caesar and Cheesy Bread * Sweet Corn * Petite Baby Carrots - S * Fruit Cup * Got Milk	1-10 ** Manager's Choice ** Pastrami & Cheese Croissant * Roasted Potato Wedges * Celery Sticks * Fruit - S * Got Milk	1-11 ** Teriyaki Beef Dipper Rice Bowl ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Broccoli Buds * Petite Baby Carrots - S * Frozen Juice Slush * Got Milk
1-14 ** Bean & Cheese Pupusa Curtido Slaw ** Toasted Cheese Sandwich - V * Jungle Crackers * Crinkle Cut Potatoes * Petite Baby Carrots - S * Fruit - S * Got Milk	1-15 * Chicken Tenders * Corn Muffin ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Fruit - S * Got Milk	1-16 * Taco Bean Dip * Crunchy Tortilla Chips - S ** Chicken Caesar and Cheesy Bread * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	1-17 * Oven Fried Chicken Drumstick * Corn Muffin ** California Chicken Wrap * Creamy Mashed Potatoes * Fresh Garden Salad * Fruit Cup * Got Milk	1-18 ** Café LA Burger or Café LA Cheeseburger ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Waffle Fries * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
1-21 DR. MARTIN L. KING BIRTHDAY HOLIDAY	1-22 ** Whole Grain Chicken Pepperoni Pizza ** Toasted Cheese Sandwich * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	1-23 ** Zesty Beef Chalupa ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Fresh Garden Salad * Fruit - S * Got Milk	1-24 ** Crispy Chicken Filet Sandwich ** Pastrami & Cheese Croissant * Waffle Fries * Celery Sticks * Fruit Cup * Got Milk	1-25 ** Tangerine Chicken & Fried Rice Bowl ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Broccoli Buds * Petite Baby Carrots - S * Frozen Juice Slush * Got Milk
1-28 ** Whole Grain Deep Dish Cheese Pizza - V ** Toasted Cheese Sandwich - V * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	1-29 ** Mama's Meatball Sub ** Deli Turkey & Cheese Sandwich * Crinkle Cut Potatoes * Fresh Garden Salad * Fruit - S * Got Milk	1-30 * Philly Cheese Steak Sandwich ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots - S * Fruit - S * Got Milk	1-31 ** Manager's Choice ** California Chicken Wrap * Creamy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	

All of the Grain/Bread items served are Whole Grain Rich. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat
 ★: For a reimbursable meal, pick at least 3 ★'s. **One ★** must be a fruit or vegetable **S**: Items with an (S) can be saved for later **V**: Vegetarian items
 **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

MENUS ARE SUBJECT TO CHANGE

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